



1.


SEARCH FOR THE APP

Open **Safari** and search "ToGo.13thirty.org"

SAFARI

2.

ADD IT TO YOUR HOMESCREEN

Click the  symbol and select "Add to Home Screen"

3.

OPEN THE APP

Click **Sign In** to set up a profile and access all the content!



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SEARCH FOR THE APP

Open **Chrome** and search "ToGo.13thirty.org"

CHROME

2.

ADD IT TO YOUR HOMESCREEN

Click the  symbol and select "Add to Home Screen"

3.

OPEN THE APP

Click **Sign In** to set up a profile and access all the content!

Welcome to 13thirty To Go!

Your needs are unique, shouldn't your app be? Developed for adolescents and young adults (AYAs) with cancer, 13thirty To Go! will help you live your very best life - TODAY!

Get Fit! →

Eat Well! →

What's New



Tip

Create Nutrient Synergy



togo.13thirty.org